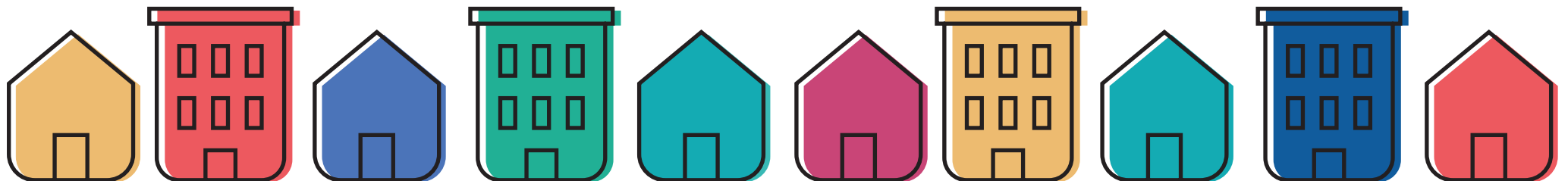




Salford Purpose Map

**A guide to getting settled, connected
and help in your community**



Salford Purpose Map

This purpose map has been developed for and with people who have experienced homelessness, addiction, mental health issues amongst many other challenges and therefore is grounded in the real and practical support people need as they are given a home and want to integrate into their community. We know that people will receive a warm welcome when going to any of these groups and activities across Bolton included in this map.

There are two parts to the purpose map

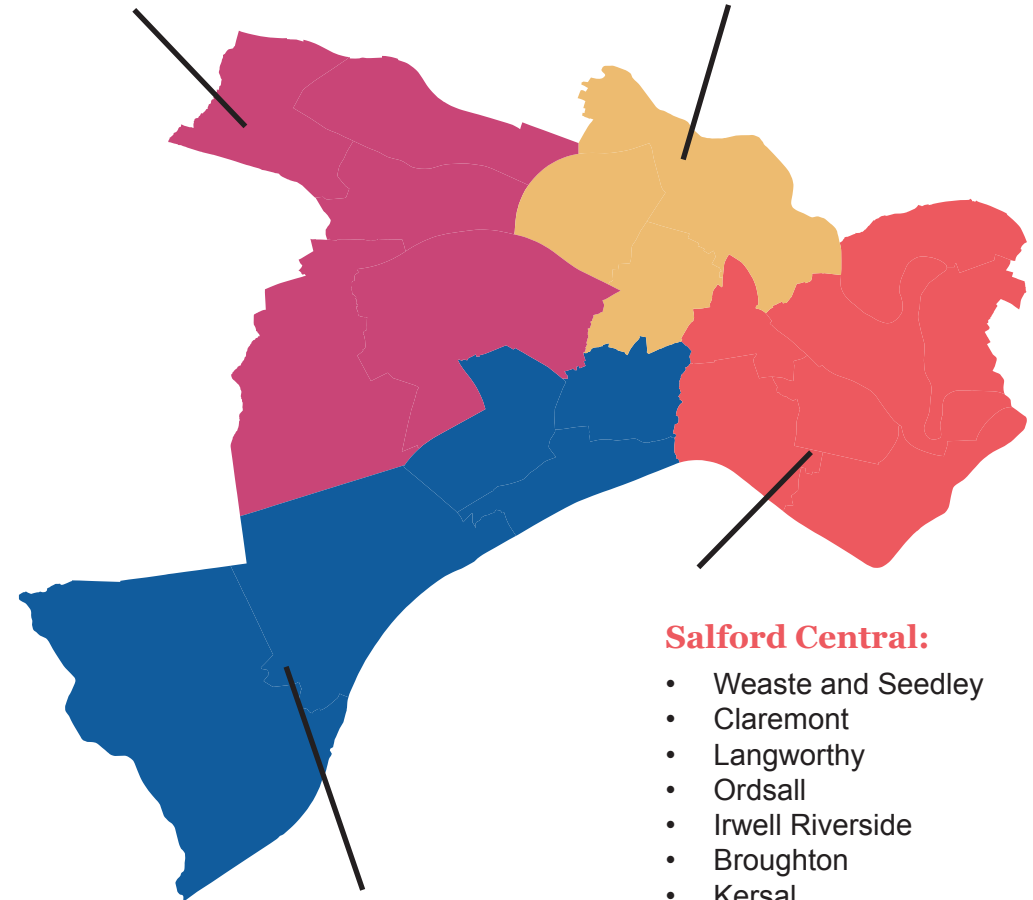
1. **The five ways to wellbeing** which shows you the support available linked to the five ways to wellbeing
2. **Practical Support** which looks at housing, food, finances, health and crisis and addiction support

Salford West:

- Little Hulton
- Walkden North
- Walkden South
- Worseley
- Boothstown and Ellenbrook

Salford North:

- Pendlebury
- Swinton North
- Swinton South



Salford South:

- Cadishead
- Irlam
- Winton
- Barton
- Eccles

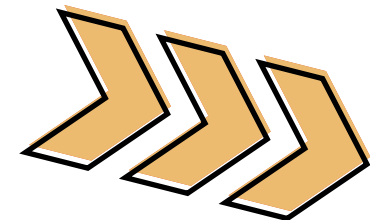
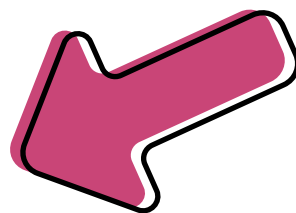
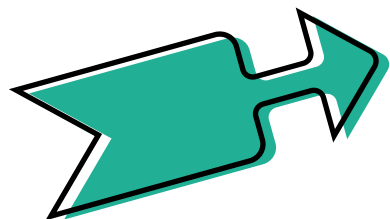
Salford Central:

- Weaste and Seedley
- Claremont
- Langworthy
- Ordsall
- Irwell Riverside
- Broughton
- Kersal

Here's is a little more about the types of people and challenges these maps can help people with

The maps are designed to support people with a range of challenges they may be facing through categorising them into the five ways to wellbeing and practical support. Here though is a little more detail about the types of things the organisation, activities and spaces in these maps can help with:

- Money, budgeting and debt
- Anger management
- Self confidence and Self esteem
- Substance misuse
- Mental health, stress, anxiety
- Loneliness
- Crisis support
- Advocacy
- Welfare advice
- Housing
- Food including Breakfast and lunch

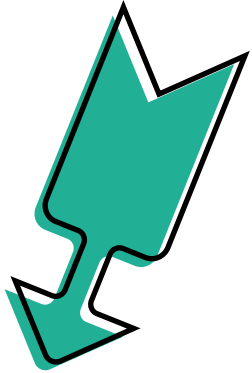


They also help people who have experienced

- Domestic Abuse
- Social isolation
- Drug and or alcohol misuse
- Sexual abuse
- Criminal justice system
- Homeliness
- Debt
- Food poverty
- Gambling addiction

The majority of the offers we have included are physical space and groups, there are also some virtual offers that take place online or via apps too. We hope that there is something in these maps that can help you to connect with your community and do something that is meaningful.

Purpose Map Categories



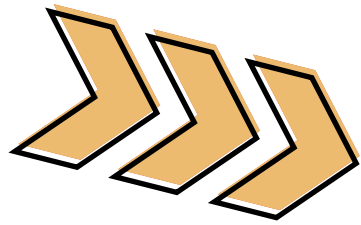
Creative

- Craft
- Music
- Writing
- Theatre and Drama
- Woodwork



Outdoors

- Gardening
- Environment and Conservation
- Cycling
- Walking
- Parks
- Green spaces
- Running
- Woodland
- Allotment



Wellbeing

- Meditation
- Relaxation
- Massage
- Yoga



Sports and activities

- Table tennis
- Swimming
- Exercise classes
- Bike repairs



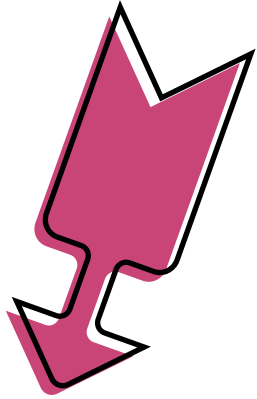
Food

- Food parcels
- Brew and Biscuit



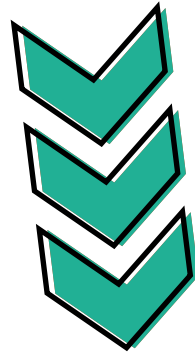
Support and advice

- Peer support
- Self help
- Support and advice line
- Support and advice group



Supports people with

- Money, budgeting and debt
- Anger management
- Self confidence and Self esteem
- Substance misuse
- Mental health, stress, anxiety
- Loneliness
- Crisis support
- Advocacy
- Welfare advice
- Housing
- Food including Breakfast and lunch



Helping people who have experienced or are experiencing

- Domestic Abuse
- Social isolation
- Drug and or alcohol misuse
- Sexual abuse
- Criminal justice system
- Homelessness
- Debt
- Food poverty
- Gambling addiction



How it is delivered

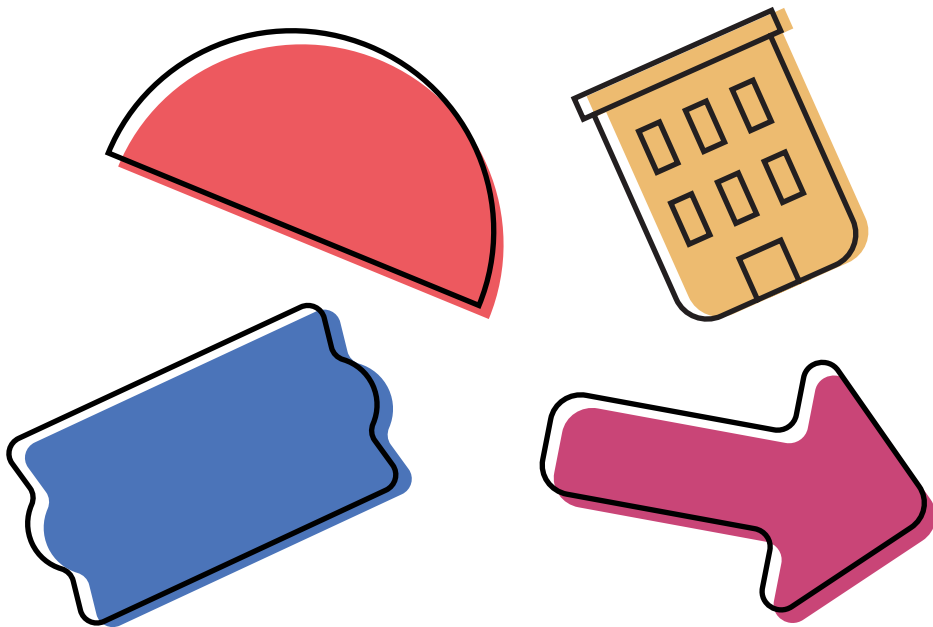
- Online
- Face to face
- Apps

Practical tips on using the guide

We know that this Purpose Map despite being fully of amazing information do contain a lot of information and therefore we wanted to give you some practical tips to help to use them in a way that works for you.

Ways to use this Purpose Map

- Access it on your phone or tablet (an online searchable version will be available later in 2024)
- Print the guide in full to refer to
- Print of a section you are interested in exploring
- Screen shot sections so they are easily accessible on your phone or tablet



Questions that might help you work through the Purpose Maps:

- What are you interested in?
- Is there a new hobby you would like to take up?
- Is there something you have always wanted to try?
- Do you have some spare time you would like to do something with?
- Is there a skill you would like to share with others?
- Are there skills you want to learn?
- Is there experience you want to gain for the future through volunteering?
- Do you want to do something new to improve your mental health?
- Do you want to meet new people in your community?
- Do you need some support with everyday living?

First steps:

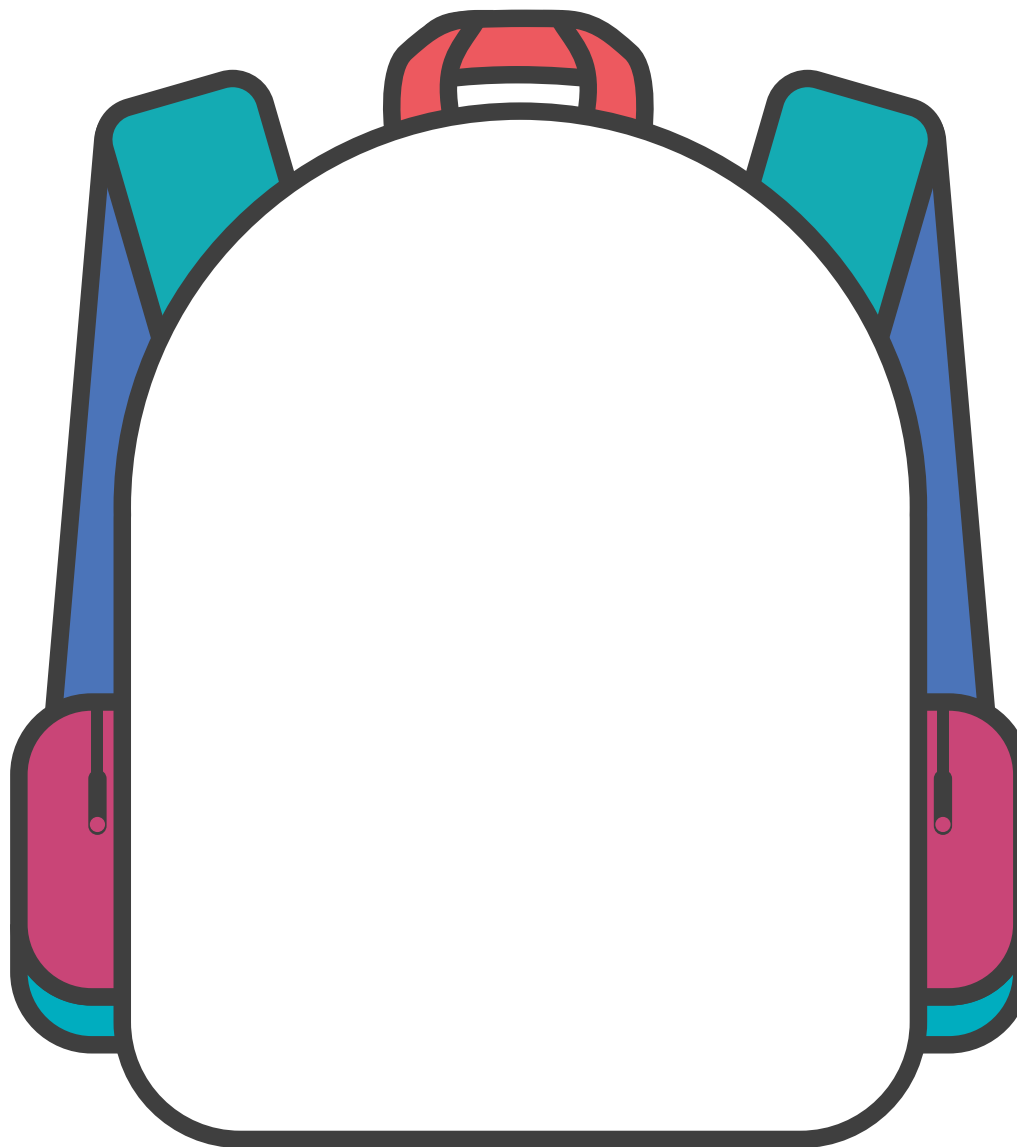
Find a question on the previous page that you are interested in exploring and go to the relevant section of the maps.

For example:

- If you are interested in learning a new skill, look at the 'keep learning' section
- If you are interested in volunteering, look at the 'giving' section
- If you are interested in support with everyday living, go to the 'practical support' section

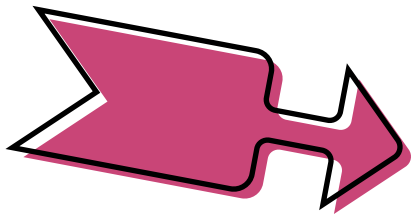
Put the things below into the pack back you would like to try from the purpose maps and then over time you can pick different things to focus on.

Remember these purpose maps are meant to be used with your Housing First Workers or independently.



What I want to explore

The calendar allows you to note down the things you want to try (this can be printed to go on the fridge or cupboard).



Monday

What time is the group?

How will I get there?

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

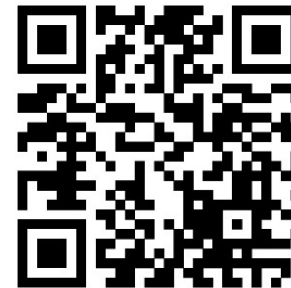
Helping you get around Greater Manchester with Purpose

Here are some great links to help you plan your journey around Greater Manchester whilst getting out and about exploring the Purpose Maps.

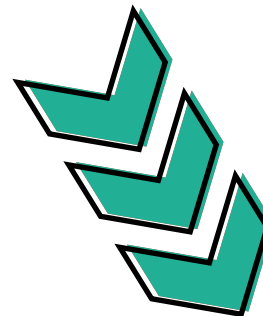
The Bee Network Website

Here you can:

- Get information on live departures across GMs transport network
- Plan your journey with their easy-to-use journey planner (it allows you to enter your address and the address of the place you want to travel to and select different types of transport you would like to use)
- See travel alerts
- Get information of ticket prices and passes
- See tram and bus schedules
- Find out more about different ways to travel around Greater Manchester
- Find information on the different fare zones and the fares that apply to each
- Information on free and discounted travel



Here is a quick
QR code to the
Bee Network
Journey Planner



Google Maps

This is available on all digital platforms either via your browser or the Google Maps App. It allows you to put in your journey details and shows you different options for driving, walking, public transport and taxis.

Five Ways to Wellbeing

Connect...

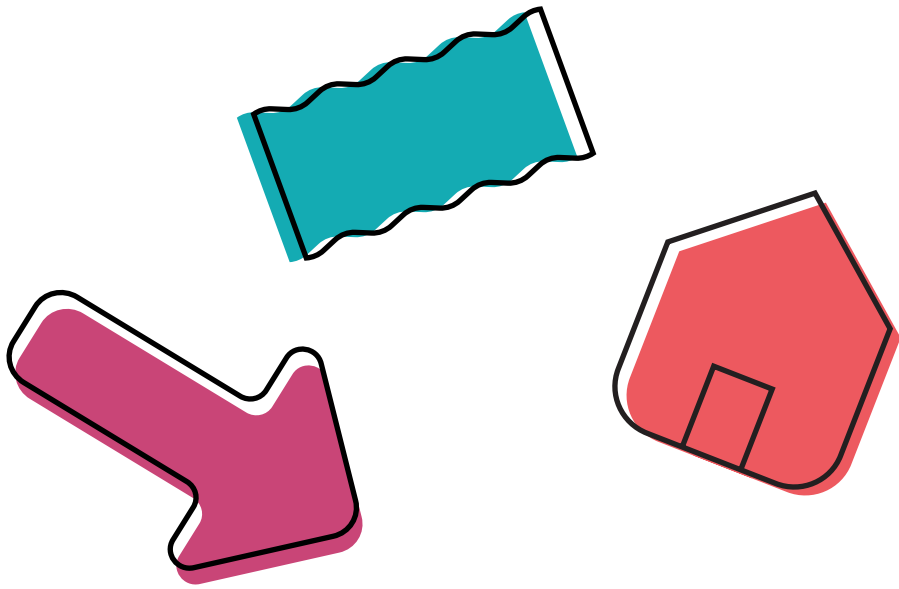
Keep Learning...

Give...

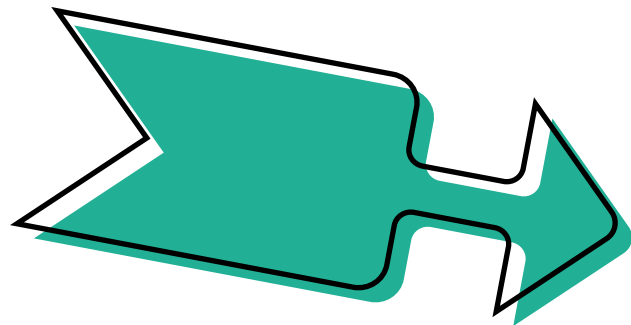
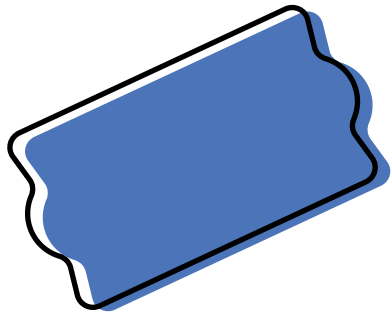
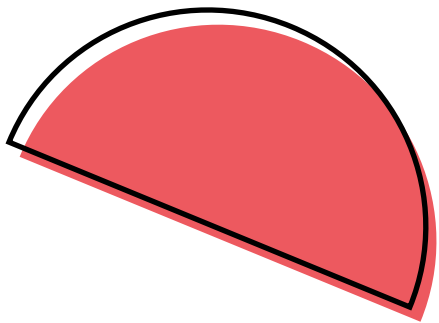
Be Active...

Take Notice...

Connect...



With the people around you. With family, friends, colleagues and neighbours. At home, work, school or in your local community. Think of these as the cornerstones of your life and invest time in developing them. Building these connections will support and enrich you every day.



Samaritans ◆

Support and listening ear 24 hours a day

T: 116 123 (Free Call 24 hr)

E: jo@samaritans.org

Salford Loaves and fishes ◆ ▲

Hot food and drinks, food parcels clothing and toiletries, Dental Surgery, GP surgery and Practice Nurse, Citizens Advice Bureau, Community Alcohol Team, Drugs Clinic & Needle Exchange, Support and Advice, Smoking reduction/support, Activities, Pool, Bingo, Gardening, Arts and Crafts, Games and Quiz', Regular trips and outings

1 Paddington Close, Salford, M65P

T: 0161 737 8775

Salford Women's Centre ◆

Counselling, wellbeing, activities, support

T: 0161 736 3844

E: info@salfordwomenscentre.co.uk

Creative Living Centre ■ ◆

Mental health charity, supporting people with mental or emotional distress, therapy, anxiety management, confidence building, assertiveness training; self help, therapeutic and support groups, life skills; volunteering.

1a Rectory Lane (Right next to Prestwich tram stop), Prestwich M25 1BP

E: reception@creativelivingcentre.org.uk

T: 0161 772 3524

Energise Centre ■ ◆

Community Centre, well being groups, courses

3 Douglas Green Salford M6 6ES

E: energise@thebiglifecompany.com

T: 07776 959872

Neighbourhood Teams - activities and initiatives in your local area ◆

- Irlam and Cadishead - Irlam and Cadishead Community College Neighbourhood Centre, 2A Station Road, Irlam, M44 5ZR, 0161 603 4290 or 0161 603 4082
- Claremont and Weaste - Ordsall Neighbourhood Building, 2 Robert Hall Street, Salford, M5 3LT, 0161 603 4091
- East Salford Broughton Hub 50 Rigby Street, Salford, M7 4BQ, 0161 603 4293
- Eccles - Town Hall, Church Street, Eccles, M30 0LH 0161
T: 0161 603 4290 or 0161 603 4082
- Little Hulton and Walkden - Little Hulton One Stop Shop, 42 Hulton District Centre, Worsley, M28 0AZ 0161 779 8071
- Swinton and Pendlebury - Salford Civic Centre, Chorley Road, Swinton, M27 5AW 0161 603 4293
- The Quays, Ordsall and Langworthy - Ordsall Neighbourhood Office, 2 Robert Hall Street, Salford, M5 3LT. 0161 603 4091
- Worsley and Boothstown - Boothstown Community Centre, Standfield Drive, Boothstown, Worsley, M28 1NB.
T: 0161 779 8071

Emmanuel Centre and Church ◆ ◆

A range of activities and a warm space throughout the week

The Angel Centre ■ ● ◆ ▲

Horticulture courses, History Group, Art Club, basic IT Classes, Conservation courses, Job Club, Creative Writing, community garden, Café
1 St Philip's Pl, Salford M3 6FA
T: 0161 710 1075
E: hello@socialadventures.org.uk

Salford Community Centres ◆

Community centres across Salford offering a range of activities

Salford Community Leisure ■ ● ✕

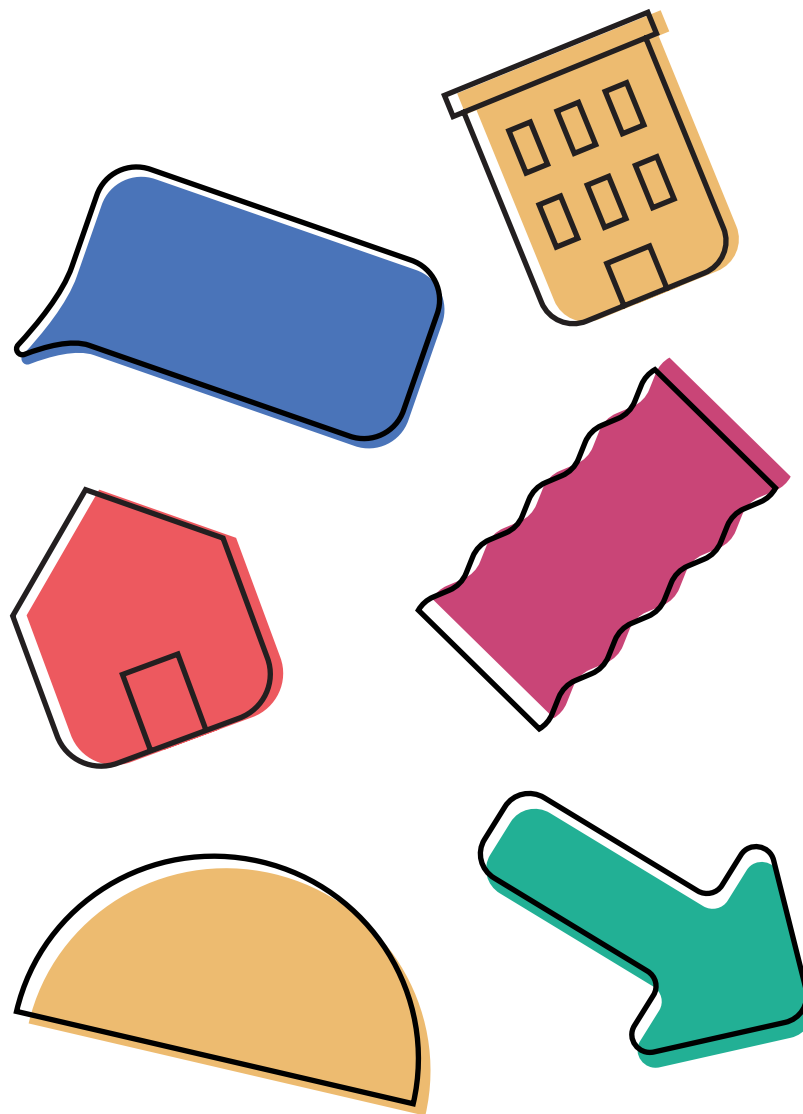
Arts, activities, walks, sports,
Civic Centre, Swinton, Salford, M27 5DA
E: info@scll.co.uk
T: 0161 778 0439

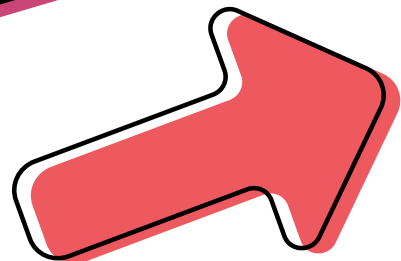
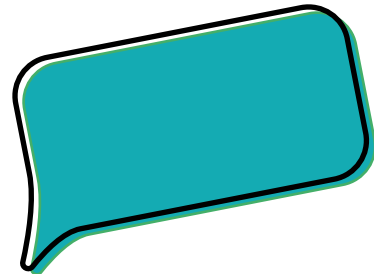
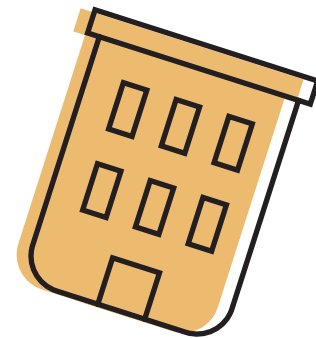
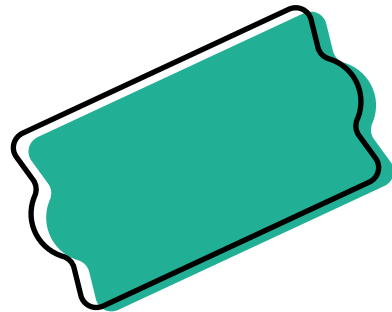
Community parks and cafes ◆

Find local community cafes to go to a meet new people

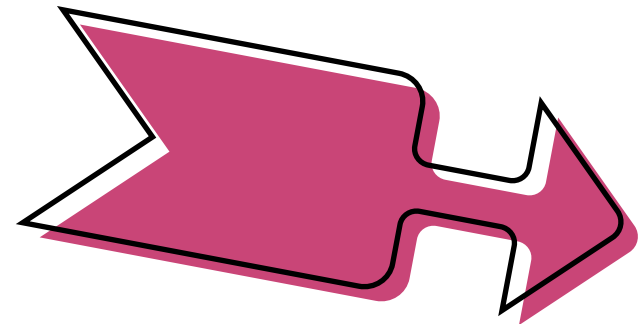
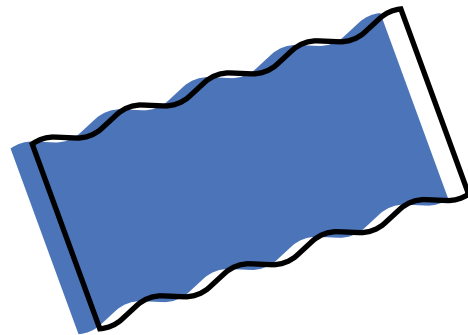
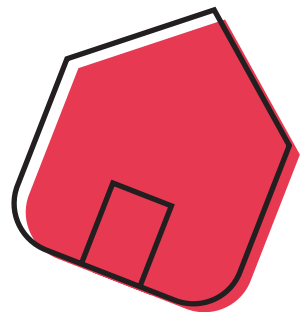
Eccles Community Café ◆

A community cafe for all people based on Eccles and surrounding areas





Do something nice for a friend, or a stranger. Thank someone. Smile. Volunteer your time. Join a community group. Look out, as well as in. Seeing yourself, and your happiness, linked to the wider community can be incredibly rewarding and creates connections with the people around you.



NHS Volunteering ◆

A range of volunteering opportunities in the NHS

Age Friendly Salford ◆

Volunteering Inspiring Communities Together
Innovation Forum, Frederick Road, Salford, M6 6FP
T: 0161 743 3625

Salford CVS & Volunteer Centre ◆

The Old Town Hall, 5 Irwell Place, Salford, M30 0FN
T: 0161 787 7795
E: office@salfordcvs.co.uk

Talking Newspaper ◆

volunteer to help compile a weekly audio round up of the local news suitable for blind or partially-sighted individuals. There are both speaker and admin roles available.

St. George's Resource Centre, Cromwell Road, Salford, M6 6SB
T: 0161 736 8670
E: admin@salford-talking-news.org.uk

Being There ◆

Cancer, terminal illness support - home-support volunteer, fundraising volunteer or transport support volunteer.
Being There Salford, Langworthy Cornerstone, 451 Liverpool Street, Salford, M6 5QQ
T: 0845 123 2329
E: salford@beingthere.org.uk

The Conservation Volunteers ◆

Green Gym, Outdoor community activities & volunteering
T: 01302 388 883
E: information@tcv.org.uk
W: <https://www.tcv.org.uk>

Samaritans Volunteering ◆

Manchester & Salford Samaritans, 72-74 Oxford Road, Manchester, M1 5NH
T: 0161 236 8000
E: jo@samaritans.org

Creative Living Centre ◆

1a Rectory Lane (Right next to Prestwich tram stop), Prestwich M25 1BP Serves Salford residents too volunteering.
E: reception@creativelivingcentre.org.uk
T: 0161 772 3524

The Angel Centre ◆

Volunteering at the community garden, Volunteering in our Café
1 St Philip's Pl,
Salford M3 6FA
T: 0161 710 1075
E: hello@socialadventures.org.uk

Women's Centre Volunteers ◆

Halton Bank, Langworthy Road, Salford, M6 7AB
T: 0161 736 3844
E: salfordwomenscentre@yahoo.co.uk

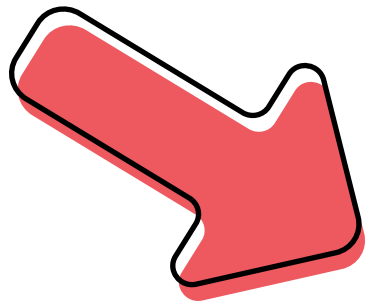
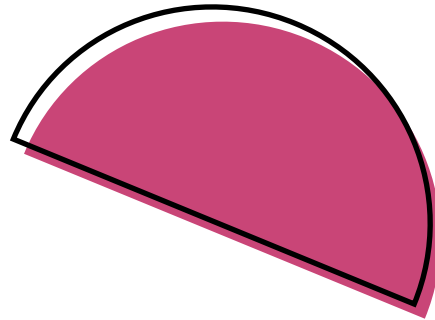
RSPCA ◆

RSPCA Manchester & Salford Branch, 565 Wilbraham Road, Manchester, M21 0AE
T: 0161 882 0680
E: rspcamcr_salford@btconnect.com

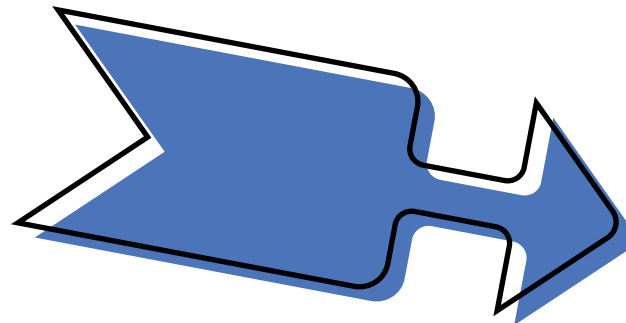
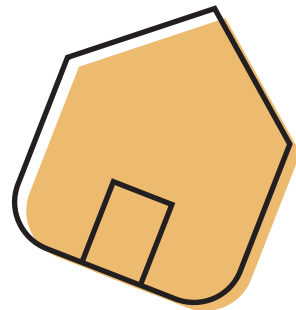
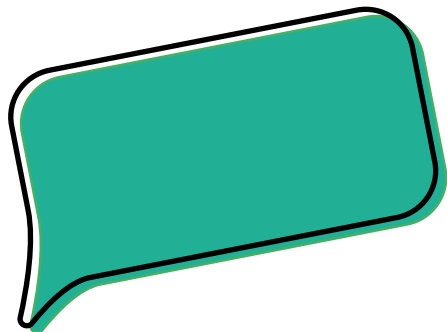
Salford Wellbeing Walks ◆

Volunteer walk leader please contact:
E: jo.bennett@scll.co.uk
T: 0161 778 0559

Keep Learning...



Try something new. Rediscover an old interest. Sign up for that course. Take on a different responsibility at work. Fix a bike. Learn to play an instrument or how to cook your favourite food. Set a challenge you will enjoy achieving. Learning new things will make you more confident as well as being fun.



The Angel Centre ■ ● ●

1 St Philip's Pl, Salford M3 6FA

Horticulture courses, History Group, Art Club, basic IT Classes, Conservation courses, Job Club, Creative Writing, Volunteering at the community garden, Volunteering in our Café

T: 0161 710 1075

E: hello@socialadventures.org.uk

Creative Living Centre ■ ○ ◆

Mental health charity, supporting people with mental or emotional distress, therapy, anxiety management, confidence building, assertiveness training; self help, therapeutic and support groups, life skills; volunteering. Serves Salford residents too

1a Rectory Lane (Right next to Prestwich tram stop), Prestwich M25 1BP

T: 0161 772 3524

E: reception@creativelivingcentre.org.uk

The Recovery Academy ● ◆

Provide a wide range of free educational courses and resources for people with mental health and substance misuse problems

Groundwork ● ●

Community Projects Life skills & employment

E: greatermanchester@groundwork.org.uk

Salford Women's Centre ● ◆

Supportive environment for women in the area to focus on their personal development. They are always after new volunteers and work to find a suitable role based on your personal interests.

Halton Bank, Langworthy Road, Salford, M6 7AB

T: 0161 736 3844

E: salfordwomenscentre@yahoo.co.uk

Community Learning Opportunities in Salford ●

A range of adult learning courses across Salford

Skills for life ●

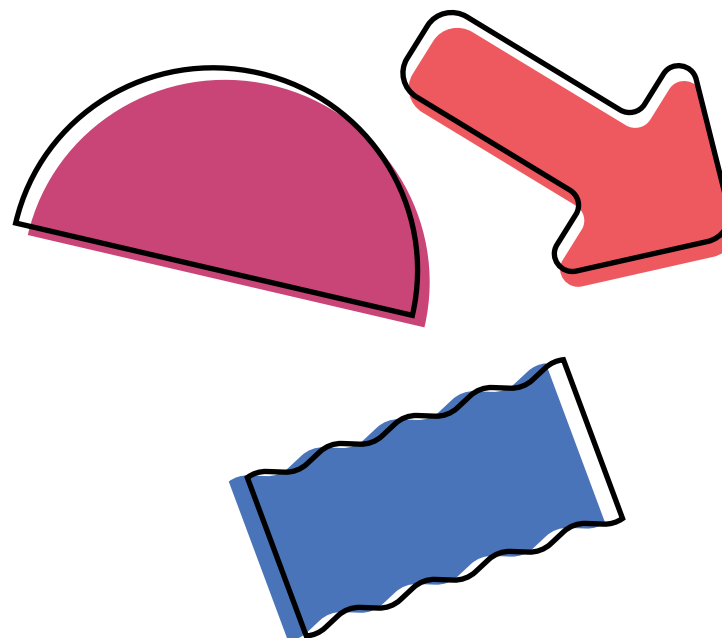
Free life skills programme

Salford CVS Training Opportunities ●

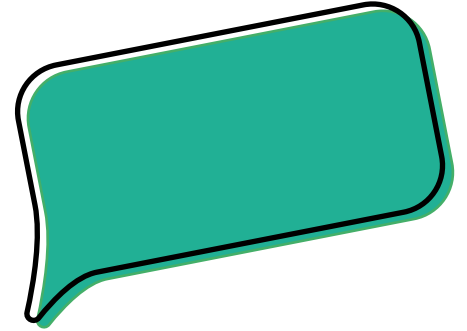
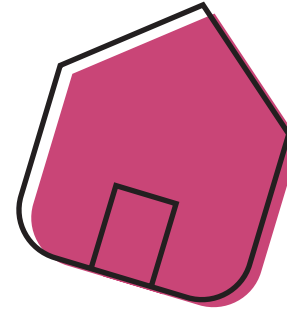
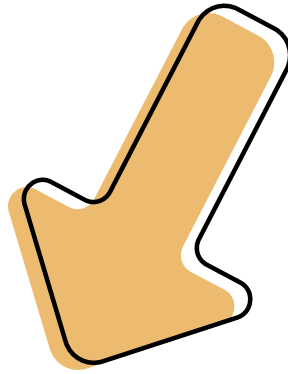
A range of training opportunities for community and voluntary groups in Salford

Free Learning Advice at the Angel Centre ●

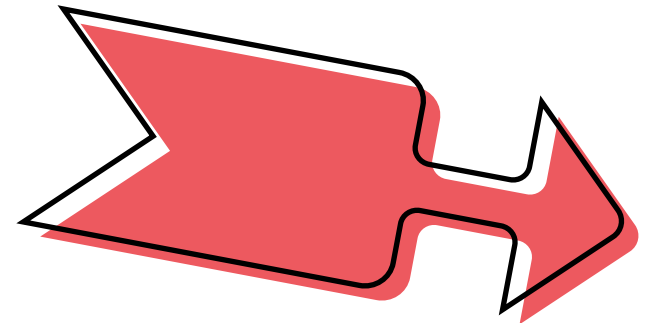
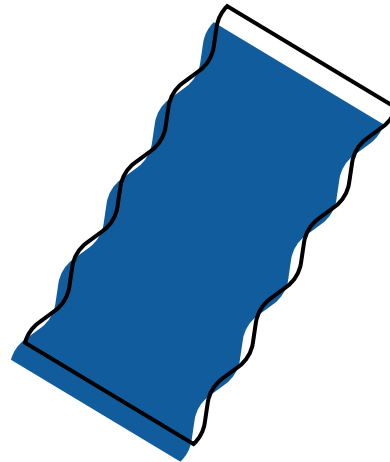
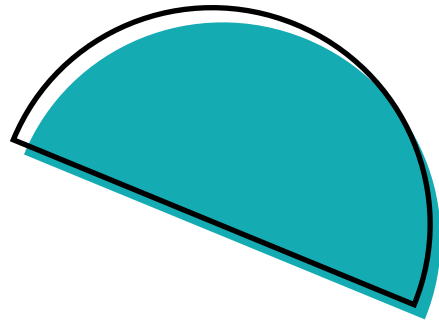
Find advice and support at the Angel Centre whilst also meeting other people from your local area



**Take
Notice...**



Be curious. Catch sight of the beautiful. Remark on the unusual. Notice the changing seasons. Savour the moment, whether you are walking to work, eating lunch or talking to friends. Be aware of the world around you and what you are feeling. Reflecting on your experiences will help you appreciate what matters to you.



Insight Timer ○

A free app available on app stores with meditations and talks for anxiety, depression, anger, grief and more.

Samaritans ○

FREE self help available online & via app to support mental health & well being

Wellbeing App Finder ○

Wellbeing app finder from Greater Manchester Mental Health Trust

Headspace ○ ◆

Use free guided meditations on their website and YouTube channel, or downloading the free app on your phone

Y: <https://www.youtube.com/user/Getsomeheadspace/videos>

The Free Mindfulness Project ○

The Free Mindfulness Project brings together 100's of free mindfulness videos, audios and other resources all in one place:

Parks and Open Spaces in Salford ○

Get some fresh air and connect with nature

Mind in Salford ✕

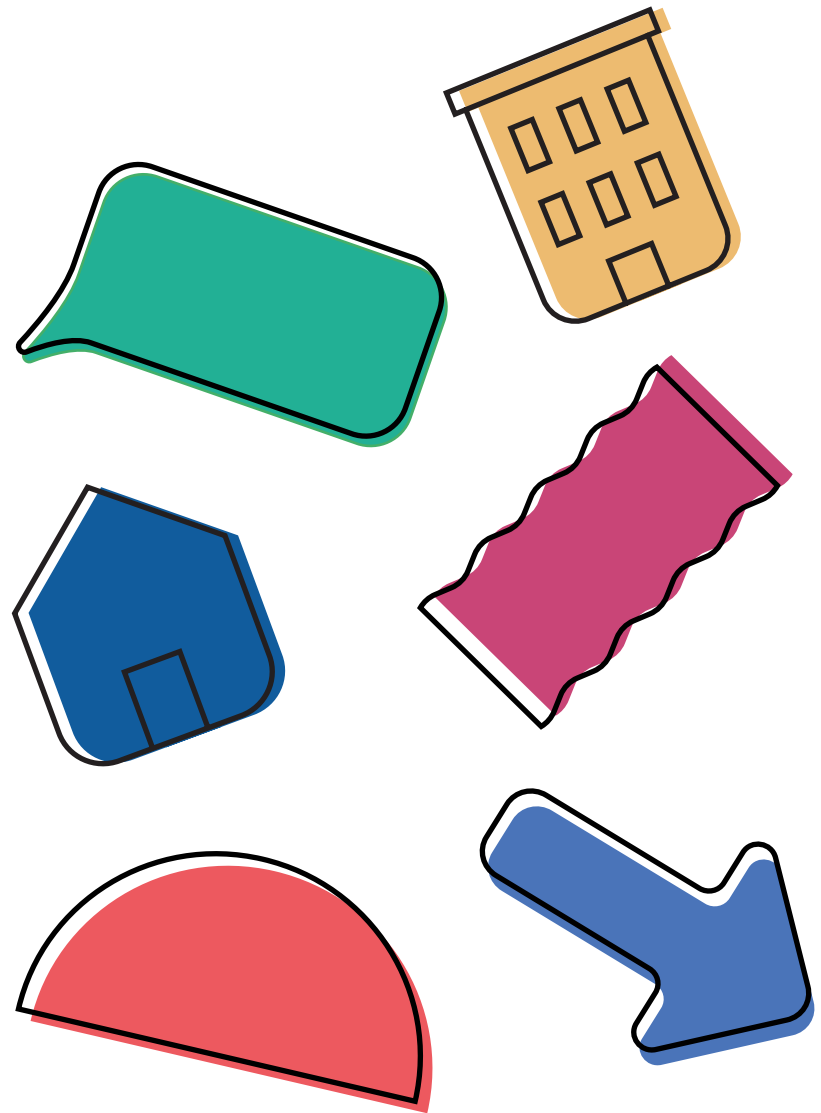
Free Mindfulness Drop in Sessions by Salford Mind

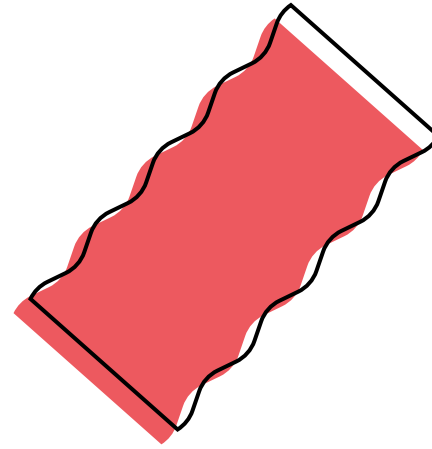
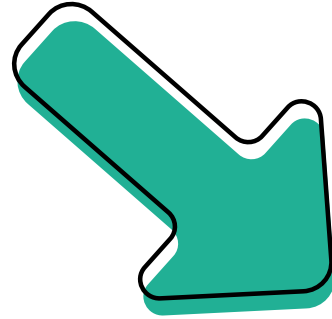
T: 0161 710 1070

E: info@mindinsalford.org.uk

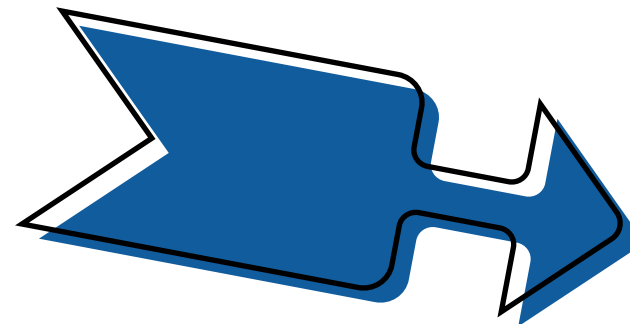
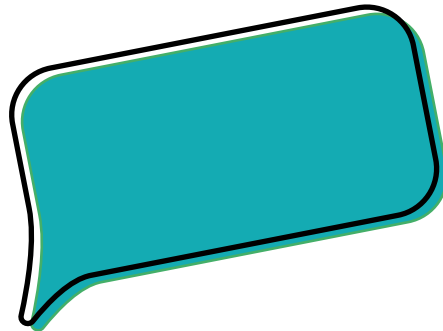
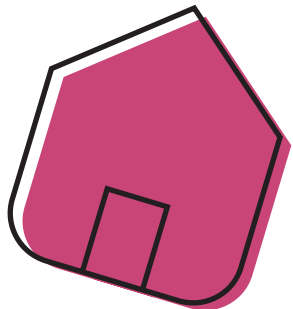
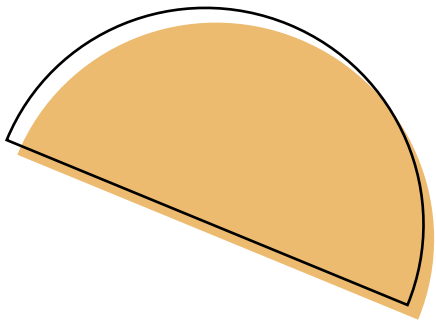
Walking for All Salford

Walks for all abilities to help people to move more whilst enjoying the great places of salford.





Go for a walk or run. Step outside. Cycle. Play a game. Garden. Dance. Exercising makes you feel good. Most importantly, discover a physical activity you enjoy and that suits your level of mobility and fitness.



Salford Community Leisure ■ ● ✕

Arts, activities, walks, sports,
Civic Centre, Swinton, Salford, M27 5DA
T: 0161 778 0439
E: info@sccl.co.uk

Street Soccer Academy ● ✕

Football, fitness, and a 'wrap-around' package of support is offered in areas of personal mentoring, education and employment pathways. Referrals homelessness, offending, mental health, and addiction. The service users are trained and equipped to deliver the football and fitness sessions themselves as part of a Coach Education Programme.
Salford Sports Village, Littleton Road, Salford, M7 3NQ
T: 01204 417 846
E: info@streetsocceracademy.co.uk

Cawdor Street Walkden Allotment Association ●

Inclusive space, Environment and conservation, , Health and well-being. Promote a healthy lifestyle through growing fresh fruit and vegetable on an allotment.
Allotments, Cawdor Street, Walkden, Salford, M28 3FN
T: 0161 799 2381

Salford Wellbeing Walks ●

T: 0161 778 0559
E: jo.bennett@sccl.co.uk

Clifton Country Park ●

Beautiful country park with a lake
Clifton House Road, Clifton, Manchester, M27 6NG

Parr Fold Park ●

Nice walks, outdoor gym
Walkden Road, Walkden, Manchester, M28 7EA

AFC Monton ● ✕

Community amateur football
T: 07836321193

Incredible Edibles ●

Community Allotments in Salford where you can learn new skills and learn to grow your own as part of a community group
E: ian@incredibleeducation.co.uk

The Conservation Volunteers ●

Green Gym, Outdoor community activities & volunteering
T: 01302 388 883
E: information@tcv.org.uk

RHS Bridgewater ● ●

A large garden in the heart of Salford with extensive gardens, welcome centre and woodland playground. Free entry for Salford residents on Tuesdays
Occupation Rd, Worsley, Manchester M28 2LJ
T: 0161 503 6100
E: bridgewater@rhs.org.uk

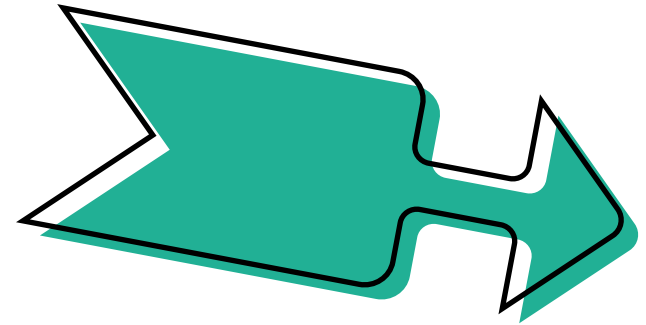
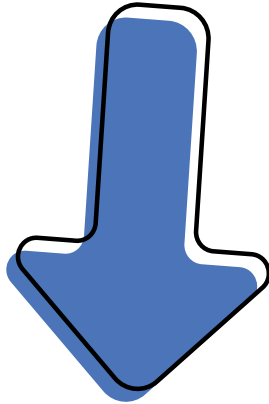
Walking for All Salford ●

Walks for all abilities to help people to move more whilst enjoying the great places of Salford.

Walking Football ●

Walking football at Salford Sports Village

Practical Support



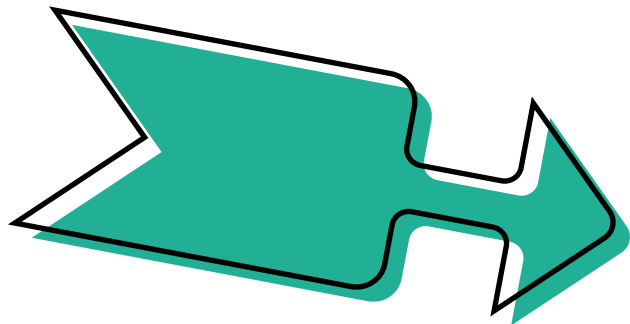
Warm and Welcoming Spaces

Across Greater Manchester there are free warm spaces that you can go to and keep warm. These range from libraries to churches and from community centres to community cafes. The Warm and Welcoming Spaces website allows you to search for the ones nearest to your post code. It tells you when they are open. Many of them are located alongside other activities that you can access too.

Warm Welcome Spaces



Addiction and Crisis Support



NHS Addiction Services ◆

Various services for people with addiction issues

Achieve Recovery Services ◆

Recovery services

Bolton

T: 01204 483090

Narcotics Anonymous ◆

Mutual aid/peer support group for people experiencing drug addiction

T: 0300 999 1212 (helpline 10am -midnight)

Alcoholics Anonymous ◆

Mutual aid/peer support group for people experiencing alcohol addiction

Helpline call FREE 0800 9177 650

E: help@aamail.org

Gamblers Anonymous ◆

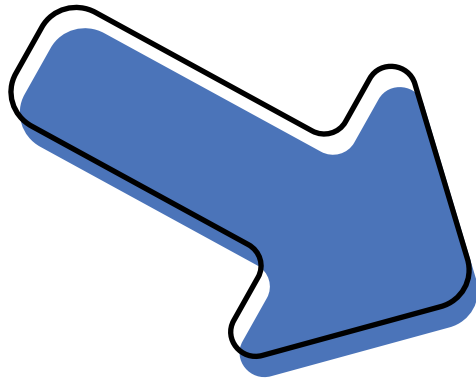
Mutual aid/peer support group for people experiencing drug/gambling addiction

Helpline

T: 0330 094 0322

E: info@gamblersanonymous.org.uk

Housing, Money and Food



Shelter ◆

Emergency helpline for anyone experiencing or at risk of homelessness

T: 0808 800 4444

Open Door Greater Manchester ◆

Open Door provide homeless support, food parcels, and counselling services We provide counsel for drugs, alcohol abuse and mental health. We will sign posting

New Harvest Christian Fellowship, 194 Chapel St, Salford, M3 6BY

T: 07785374673

E: robert.lee203@hotmail.co.uk

Street Support ◆

An online network of charities and grassroots voluntary groups that work to end homelessness, and to help people who are homeless and vulnerable.

E: info@streetsupport.net

Caritas Diocese of Salford ◆ ▲

Food and support for individuals and families

T: 0161 817 2250

E: info@caritassalford.org.uk

Salford City Council ◆

Housing Benefit & Council tax

Salford Civic Centre, Chorley Road, Swinton, Salford, M27 5AW

T: 0161 793 2500

Salford food parcels ▲

Food parcels available to those in need

T: 07815089568

E: SalfordFoodParcels@gmail.com

Salford Loaves and fishes ● ◆ ▲

Hot food and drinks, food parcels clothing and toiletries, Dental Surgery, GP surgery and Practice Nurse, Citizens Advice Bureau, Community Alcohol Team, Drugs Clinic & Needle Exchange, Support and Advice, Smoking reduction/support, Activities, Pool, Bingo, Gardening, Arts and Crafts, Games and Quiz', Regular trips and outings

1 Paddington Close, Salford, M65P

T: 0161 737 8775

E: info@salfordloavesandfishes.org.uk

Little Hulton Big Local ◆ ▲

Food Club & Community Hub 27- 29 Little Hulton District Centre M28 0BA

T: 0161 790 7072.

E: littlehultonbiglocal@yahoo.co.uk

Mustard Tree food banks ▲

Mustard Tree Eccles, 15 Southway, Eccles Precinct, M30 0LJ 0161 505 0976

Mustard Tree Little Hulton, Haysbrook Avenue, Little Hulton, Manchester M28 0BA

T: 0161 850 2282

E: information@mustardtree.org.uk

Salford Central Food Bank ▲

(Lower Broughton), Christ Central, Mocha Parade, Salford, M7 1QE

T: 0161 637 2120

E: info@salford.foodbank.org.uk

Emmaus ◆ ▲

Furniture, Clothes, food parcels, housing support, advice Emmaus House, 101 Fitzwarren Street, Salford, M6 5RQ

T: 0161 737 8279

E: info@emmaussalford.org.uk

The Launch Project ◆ ▲

mobile food pantry, discounted fresh fruit and veg boxes, free sanitary items and other poverty relief services across Greater Manchester,

58 Church Street, Eccles, M30 0DU

T: 07523772507

E: nl@thelaunchproject.org

St James Free Community Lunches ▲

Great Cheetham St. East, Higher Broughton, Salford, M7 4UH

E: ctrev@sky.com

T: 01617928697

On the Out ◆ ◆

Service and support for ex-offenders.

support and guidance around benefits, addiction, housing, getting ID, debt and money, family and legal issues, employment, well-being mentoring skills, training and accredited qualifications. Street Engagement Hub, Outside of Musatrd Tree (not part of Mustard Tree), 110 Oldham Rd, Manchester, M4 6AG Langworthy Cornerstone, 451 Liverpool Street, Salford

T: 01612 124 406 or 07452809664

E: info@ontheout.org

Swinton Foodbank ▲

Salvation Army, Station Road, Swinton, M27 6BT

T: 07341 864 337.

E: swinton@salvationarmy.org.uk

Salford Unemployed and Community Resource Centre ◆

Support & advice on benefits, educational sessions, 84-86 Liverpool Road, Eccles, Salford, M30 0WZ

T: 0161 789 2999

E: secretary_stuc@hotmail.co.uk

Irlam and Cadishead Foodbank ▲

Boundary Road Methodist Church, Boundary Road, Irlam, M44 6HD

T: 07763 645 964

E: info@irlamcadishead.foodbank.org.uk

Salford Assist ◆

People in crisis who don't have money for food or heating

T: 0800 694 3695

Mrs Wyatt's ▲

Paul's Church House,. Broadwalk,. Salford,. M6 5FX. Sunday dinner, cheap furniture, homeless support

T: 0161-736 8868

Emelines pantry ▲

Women only food & clothes bank

T: 0161 204 3373

E: emmelinespantryparlour@gmail.com

Christians Against Poverty (CAPUK) ◆

Debt advice, job clubs, training and workshops Debt Centre
0800 328 0006

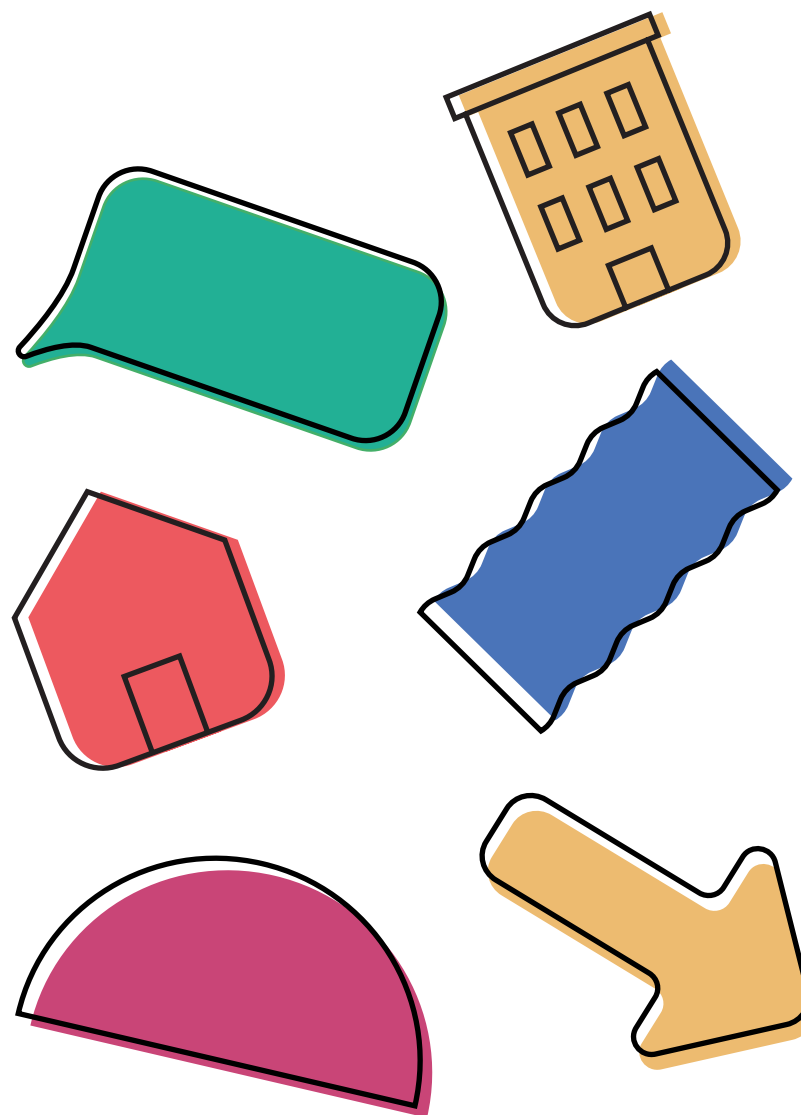
Job Club:

T: 07766 724632

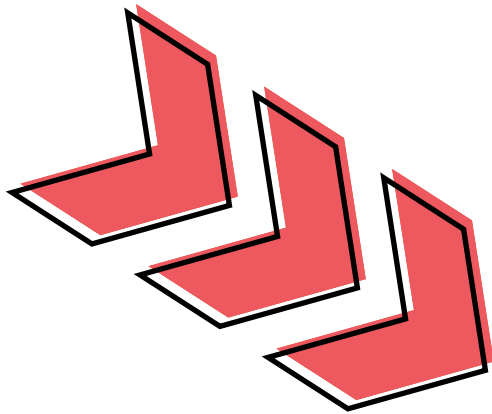
E: contact@capuk.org

Step Change Debt Charity ◆

Charity offering free debt advice & support



Physical and Mental Health



Talk Listen Change (TLC) ◆

Counselling, support, advice and guidance

T: 0161 872 1100

E: enquiries@talklistenchange.org.uk

Community Connectors and Social Prescribers ◆

Wellbeing Matters – for Salford residents

The Community Connector for Eccles, Irlam and Cadishead is Debs Johnson

E: Debsj@helpinghandssalford.co.uk

T: 07422 965099

Healthwatch Salford ◆

Support and advice with health and care services in Salford Old Town Hall, Eccles, Salford, M30 0FN

T: 0330 355 0300 between the hours of 09:00 – 16:00 Monday to Friday.

E: info@healthwatchsalford.co.uk

Salford Women's Centre ◆

Counselling, wellbeing, activities, support

T: 0161 736 3844

E: info@salfordwomenscentre.co.uk to arrange appointments

Mind ◆

Mental health support

Mind in Salford, The Angel Centre, 1 St. Philips Place, Salford, M3 6FA

T: 0161 212 4880

E: info@mindinsalford.org.uk

Langworthy Cornerstone ◆

Community centre in the Seedley & Langworthy

51 Liverpool Street, Salford, M6 5QQ

T: 0161 213 1920

Anxiety UK ◆

Online support sessions - stress, anxiety, positive thinking

Survivors Manchester (for Men) ◆

Support for male survivors of rape

Unit 9, Brewery Yard, Deva City Office Park, Trinity Way, Salford, M3 7BB

T: 01612362182

E: info@survivorsmanchester.org.uk

Salford Social Prescribing Hub ◆

Social prescribing support with food and housing

Mary Seacole Building, Frederick Road Campus, Salford, M6 6PU

E: c.lawler1@salford.ac.uk

Let's keep building our understanding together

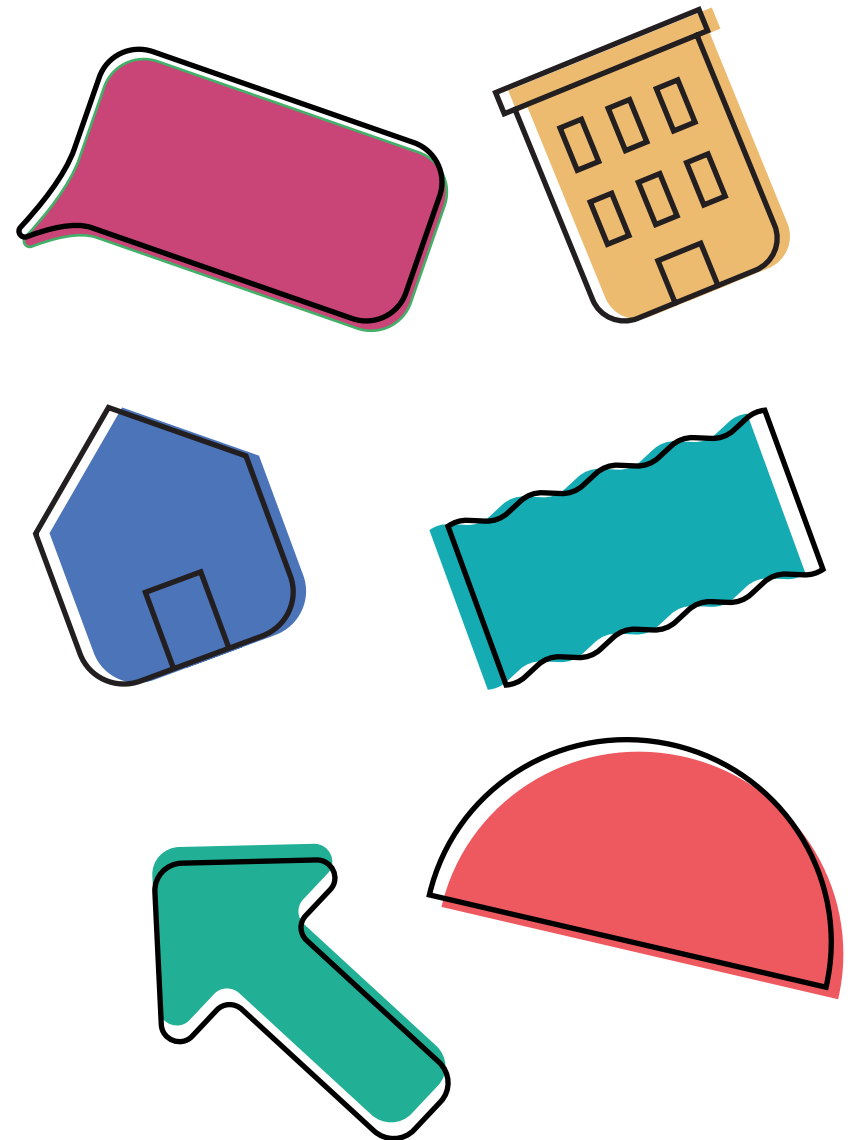
These purpose maps were always meant to be the first view of the different support that is out there and we need your help to add anything that we have missed as well as new things that we will all discover along the way. Use the Google form below to send us anything you want adding to this map.

Google form to add something new
<https://forms.gle/jJpo7pdQDjCfFDf87>

if you come across something that is in this map that you think we need to look at or you have not had the welcome you expected then we please contact us via
hello@collaborateoutloud.org

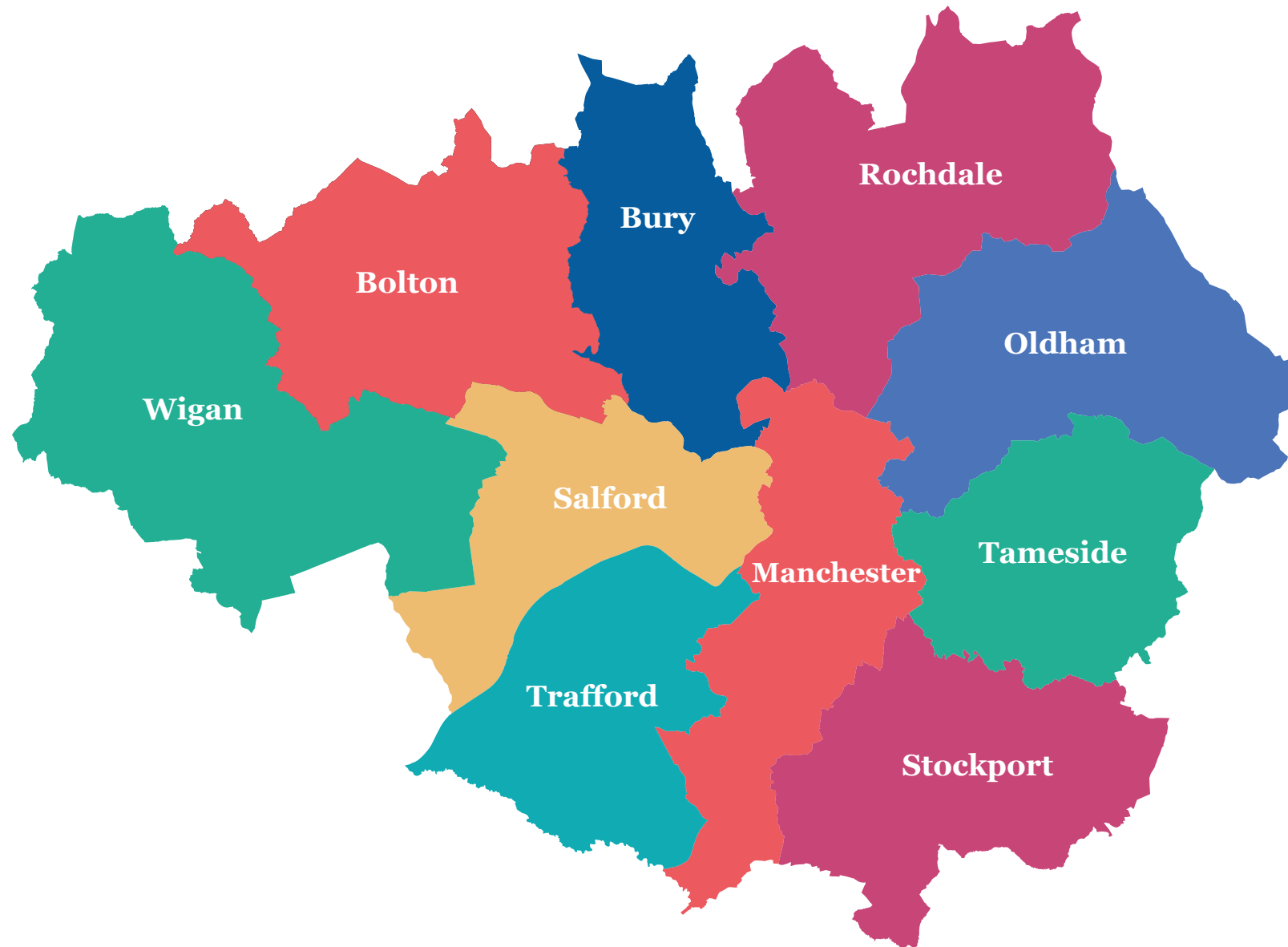
We hope you find the map useful, and we look forward to continuing develop and build them with the Housing First Community

The Collaborate Out Loud Team



GM Wide Purpose Maps

Click [here](#) to access the Purpose Maps for each borough of Greater Manchester.





If you want further information about this work or talk to us about our work then please get in touch



Hello@Collaborateoutloud.org



X @collaboutloud



Instagram @collaboutloud

